

Stop and Go Game

How to play

Cut out the signs and stick them onto a long object, such as a ruler or a stick.

Encourage the children to move around a large space in different ways. When an adult holds up the 'stop' sign and says 'stop', the children should then stop and stand still.

When an adult holds up the 'go' sign and says 'go', the children can start to move around the space again.

To vary the game, the last child to 'stop' or 'go' could be out of the game.

The winner of the game could then be the next person to hold up the signs and call out 'stop' and 'go' for their friends.

To provide further challenge, the adult could just hold up the 'stop' and 'go' signs without saying the instructions.



