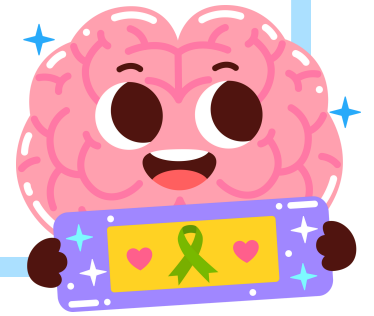


Name/Class: \_\_\_\_\_ Date: \_\_\_\_\_

# WORLD MENTAL HEALTH DAY MY EMOTIONAL STATE

Think about your emotions and what they tell you.  
Draw and write about your emotions below.



---

---

---

---

---

---

---

---