# Starting School To Do List



#### Things to do before September

- Label new uniform and equipment that you plan to send with your child.
- Make sure your child is up to date with any health appointments, such as an eye test to ensure they have glasses ready if they need them.
- Book a haircut appointment. Note important term dates in your diary or calendar.
- Plan lunch box ideas if your child will be taking packed lunches.
- Schedule pick up and drop off plans and plan childcare accordingly.
- Establish a school routine shortly before the end of the holidays to get your child used to a set bedtime/get up time.
- Enjoy the summer holidays together.

### Things to send your child to school with on their first day

- bag/book bag
- PE kit
- spare set of clothes
- coat, hat and gloves
- lunch box (if they are taking packed lunches)
- water bottle
- medical equipment (for example an inhaler)



#### Things to buy

- School Uniform
- polo shirts
- jumpers
- socks/tights
- trousers/skirts/shorts/pinafores
- shoes
- autumn/winter coat
- woolly hat and gloves
- sun hat
- PE Kit
- PE kit bag
- plimsolls or trainers
- shorts
- T-shirt
- hoodie
- jogging bottoms
- spare socks
- hair bobble (where needed)
- Equipment
- book bag (often sold by the school)
- or small school bag
- water bottle
- lunch box



## Things to do the night before they start school

- Pack your child's school bag and
- encourage them to help (this way they
- know where everything is).
- Pack up their lunch box.
- Get their school uniform ready for
- the morning.
- Set an alarm

